

Ski Touring in The TATRAS (POLONIA)

Skitouring in Poland and Slovakia offers a breathtaking experience for adventure enthusiasts seeking pristine snow-covered landscapes and thrilling outdoor escapades. The regions of Liptov and Tatras boast a diverse range of terrain perfect for skitouring, from gentle routes to challenging peaks. Explore the beauty of backcountry on skis and immerse yourself in the tranquility of silent mountains and valleys. Whether you're a beginner looking to dip your toes into the world of skitouring or a seasoned enthusiast seeking a serious skimountaineering trip, Slovakia has something to offer for everyone.



Intermediate backcountry skiers have abundant options to explore in this region. **In the High Tatras**, you can ski in the backs of Small Cold Valley and Big Cold Valley, as well as Mengusovská Valley or Patria (starts at Štrbské Pleso). **In the Liptov region** you can do skitouring in West and Low Tatras and Greater Fatra as well. The favorite Žiarska Valley offers numerous ski tours to the tops and saddles, providing stunning vistas along the way. In the Low Tatras you can find perfect terrains and conditions starting in Jasná (Ďumbier, Dereše, Poľana).



Discover the Tatra Mountains that form the border between Poland and Slovakia and are part of the Carpathian range, known as the 'little Alps'. They offer spectacular scenery and landscape similar to the European Alps, although smaller in height. The mountains offer snow-sure conditions between January and March, while the terrain provides some excellent ski touring and backcountry skiing with wide-open ridges to challenging tree skiing, gullies, and couloirs.

DAY ITINERARY

- Fly to Krakow and travel on to Zakopane. The journey by bus takes about 2 hours. Evening welcome meeting and briefing with your guides. Stay overnight in a hotel in the town.
- We start with a bus/taxi from Zakopane to Siwa Polana. From there walking or taxi (horses) until the Chocholowska hut. From the hut there are plenty of options for day ski touring: Grzes, Rakon, Wolowiec. All the tours involve 500-900m climbing. Spend the night in the Chocholowska hut (1150m)
- Today starts with a skin up the ridge line until Trzydniowianski Wierch (1758m) followed by a ski down to the Starorobocianska Dolina (1350m). Skin up to the Siwa Przelec (1812m) and ski down to the Hali Ornak hut (1080m) in Koscieliska Valley
- Skin up the Tomanowa Dolina to the Tomanowa Przelec (1686 m) and ski down for 300m. Skin up to the Przelec (1863m) and climb the Kondracka Kopa (2005m). Ski down to the Kondratowa Hala hut (little hut, 1350m) or Kalatowki Hotel/hut (10 min further down the track at 1200m).
- Ski down to the lower station of the lift system. Using the cable car reach the Kasprowy Wierch (1987m). Follow the ridge line with skins until Liliowe (1952m), ski down until Zielony Staw Gasienicowy followed by a short but steep skin up to Karb (1863m). Ski down to Czarny Staw Gasienicowy (1650m). The first few metres are steep and may climb down in crampons if it's icy. From here we skin

up to Zawrat – the last few metres requiring crampons. We enjoy a fantastic ski down to the Dolina Pieciu Stawow Polskich (valley) – 5 lakes (1660m)

- Spend a day in this great area with an exploratory day tour. More options: Kozi Wierch (2291m) or Przelecz – Szpiglasowy Wierch (2172m) and ski down to the hut.
- Skin up to Gładka Przelecz (1994m), ski down to the Kobylia dolina (valley) and skin up to the Wrota Chalubinskiego (2022m) and ski down to the Morskie Oko hut (1400m). Ski down before taking the taxi (horses + bus) to Zakopane and on to Krakow for the last night.
- If you have time we recommend spending a few hours looking around Krakow before heading back to the airport for flight home.
- 6 days touring with IFMGA Mountain Guides
- Excellent advanced level ski tour
- Start and finish in Krakow
- Guided on a maximum 1:6 ratio.